

# Aroma HealthCare

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Bacteria are always at the root of bowel problems, such as pain, bloating and gassiness. Zapping cannot kill them, because the high frequency current does not penetrate the bowel contents. Although most bowel bacteria are beneficial, Salmonellas and Shigellas are extremely detrimental because they have the ability to invade the rest of your body and colonize a trauma site or weakened organ.

Bowel bacteria are difficult to eradicate because we are constantly reinfesting ourselves by keeping a reservoir on our hands and under our fingernails.

## **Bowel Cleanse Programme**

- Use Turmeric (2 capsules 3 times per day.) Expect orange coloured stools.
- Use Fennel (1 capsule 3 times per day)
- Use a single tsp dose of Black Walnut Hull Tincture Extra Strength. Add it to half a glass of water and sip over a 15-minute period. Stay seated until any side effect from the alcohol has worn off.
- Take Cascara sagrada capsules if constipated. Remember to drink a cup of hot water upon rising in the morning. This will help regulate your elimination.

After you have finished the bowel cleanse you must continue to eat only sterile dairy products.

**Price £42.00**

Disclaimer This information is taken from THE CURE FOR ALL DISEASES by DR. H. CLARK Ph.D.N.D. and is given freely to assist those who have made their own decision to follow this programme; it does not imply any medical claims. We are not making any recommendations. Please be sure to consult your Healthcare Professional.