

Aroma HealthCare

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PATHOGEN CLEANSE PROGRAMME

Taken from “The Cure For All Diseases” by Dr H Clark PhD, ND - New Scientist of the year 1999
To complete a Pathogen Cleanse we use only the following ingredients, which have been tested with a syncrometer to confirm that they are free from harmful bacteria and chemicals. The following ingredients combined, kill adult and developmental stages of at least 100 pathogens (harmful bacteria, viruses and parasites).

Cloves (*syzgium aromaticum*) – Cloves kill over 100 types of pathogen eggs.

Wormwood (*artemisia absinthium*.) Wormwood kills over 100 different types of developmental and adult parasites. Wormwood is a plant that yields a bitter extract and was used by the Indians of North America to cleanse themselves.

Black Walnut Hull Tincture - The green hull of the black walnut is particularly efficacious as it eliminates pathogens and can reach into the bowel.

Price - £55.00 Includes sufficient products to complete this Implementation Programme and the Maintenance Programme for 10 weeks.

Notes.

Having undertaken the Implementation Programme, it is best to continue with the Maintenance Programme as you can become re-infected very quickly. Dairy products and fast food are often not heated sufficiently to kill metacercaria (the shelled stage of the parasites life cycle that can survive extreme heat and cold.)

Dr Clark **strongly** recommends that you gently boil any dairy produce for 10 seconds. Also soak your vegetables and fresh eggs in Lugols Iodine – one tiny drop of Lugols in a litre of water gives the required strength to kill harmful bacteria and parasites etc within one minute soaking. If you are tackling a serious health difficulty, please get to the maintenance dose ASAP

Should you fall behind the Maintenance Programme for any reason, once started, simply take the weekly maintenance dose for five consecutive days then return to the normal weekly dose.

When you have completed the Implementation Programme you will be in an ideal position to undertake a Liver Cleanse.

Dr Clark began her studies in biology at the University of Saskatchewan, Canada, where she was awarded the Bachelor of Arts, Magna Cum Laude, and the Master of Arts with high Honours. After 22 years of study at McGill University, she attended the University of Minnesota, studying biophysics and cell physiology. She received her Doctorate Degree in physiology in 1958. In 1979 she left government funded research and began private consulting on a full time basis. Six years later she discovered an electronic technique for scanning the human body. Dr Clark says that, “only Parasites and Pollutants cause disease”. So to become healthy all you have to do is eliminate these hazards from your body. After all we regularly cleanse our pets of parasites, so why would we not consider doing the same for ourselves?

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Pathogen Cleanse - Dosage Instructions

Implementation Programme

	Black Walnut Hull Tincture Extra Strength 30 ml bottle	Wormwood Combination 700 mg capsules	Clove Capsule 450 mg capsules
Day	<i>No. of drops per day. Take before breakfast</i>	<i>No. of capsules per day. Take before breakfast</i>	<i>No. of capsules - 3 times per day, ie at mealtimes</i>
1	1	2	1
2	2	2	1
3	3	4	2
4	4	4	2
5	5	5	3
6	2 tsp	5	3
7	—	6	5
8	—	6	5
9	—	8	5
10	—	8	5

- ◆ These instructions assume three meals per day.
- ◆ If you eat less than three meals per day please make the necessary adjustments.
- ◆ If you eat more than three meals per day only take the capsules before and during three of your meals.
- ◆ Remember to drink plenty of fresh water, around 1½ to 2 litres per day.

Maintenance Programme

Seven days following the Implementation Programme and **weekly** thereafter, take 20 Wormwood Combination Capsules of 700 mg. (These are to be taken in one day and preferably in one go.) and two level teaspoons of the Black Walnut Tincture.

As everyone is individual and taking 20 Capsules is not easy at the best of times, develop a routine that suits you best. I have conditioned myself to take them all before breakfast, but you could try taking 5, then a small piece of bread, followed by another 5, then bread and so on.

Happy Swallowing!

Just think of all the benefits and going by results you have everything to gain!

This information is taken from 'The Cure for All Diseases' by Dr H Clark PhD, ND and is given freely to assist those who have made their own decision to follow this programme; it does not imply any medical claims. We are not making any recommendations. Please be sure to consult your Healthcare professional.