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What your shampoo may be doing to your hair and skin.

The primary ingredient of many shampoos (Sodium Lauryl Sulphate) is used in research clinics to irritate skin for healing tests. It is also used to degrease car engines and clean garage floors because of its corrosive nature.

What your shampoo/conditioner can do:-

- Contribute to significant hair loss.
- Irritate your skin and hair (making you feel you need to wash it every day.)
- Can effect the development of your children's eyes and contribute to the development of cataracts in eyes.
- Form potential carcinogenic (cancer causing) nitrate compounds in the bottle that readily enter your blood stream when you shampoo your hair.
- Cause your hair to break, as most hair conditioners are made of processed animal fat that greases your hair and thereby attracts and holds any flying dust or silicone, which contribute to making your hair, brittle.
- Cause you to have sensitive skin because it removes the skin's natural protection-the Acid Mantle.

Want to find out about products that DO NOT contain harmful ingredients? Contact [Aroma HealthCare](#) for details.